

Colleen Theresa Wahl

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EDUCATION

2015	MFA	Dance, The College at Brockport, State University of New York
2012	MALS	Liberal Studies, Empire State College, State University of New York
2006	BA	Dance, Arts and Education, Hobart and William Smith Colleges

CERTIFICATIONS

2016	NASM	Certified Personal Fitness Trainer National Academy of Sports Medicine (NASM)
2008	RSME	Registered Somatic Movement Educator International Somatic Movement Educator and Therapist Association (ISMETA)
2006	CLMA	Certified Laban Movement Analysis, Integrated Movement Studies, University of Utah

PROFESSIONAL APPOINTMENTS

2016 – present	Assistant Professor, Alfred University, NY	<ul style="list-style-type: none">○ Interim Director for Dance Program and Dance Minor as sabbatical replacement○ Courses include: Fundamentals of Dance, Modern I and II, Composition I and II, Laban Movement Practicum and Plenary, Costume Development for Dance, AU Dance Theater, Jazz I
2019 – present	Co-Director, Integrated Movement Studies, Kyiv, Ukraine	<ul style="list-style-type: none">○ Laban/Bartenieff Movement Analysis Graduate Certificate Program
2018 – present	Co-Director, Integrated Movement Studies, Utah and California	<ul style="list-style-type: none">○ Laban/Bartenieff Movement Analysis Graduate Certificate Program○ Certification Programs include University of Utah, UT; Choom, South Korea○ Ongoing programming includes advanced study courses and immersion courses
2013 – 2018	Core Faculty, Integrated Movement Studies, Utah and California	<ul style="list-style-type: none">○ Certification Faculty○ Certification Interim Mentor○ Immersion Faculty
2015 – 2018	Adjunct Professor, The College at Brockport, NY	

- Courses include: Dance Research - Graduate, Laban Movement Analysis - Graduate, Laban Movement Analysis - Undergraduate, Introduction to Dance
 - MFA Thesis Advisor
- 2016 **Assistant Faculty, Hobart and William Smith Colleges, NY**
- Laban Movement Analysis
- 2014 – 2016 **Adjunct Professor, Alfred University, NY**
- Fundamentals of Dance
 - Contact Improvisation
 - Modern 1
- 2014 – 2015 **Graduate Teaching Assistant, The College at Brockport, NY**
- Modern (non-majors and majors)
 - Laban Movement Analysis (majors and graduate students)
 - Somatics (majors and graduate students)
 - Introduction to Dance
 - Looking at Dance
- 2010 – 2014 **Leadership Skills Faculty, Johnson Graduate School of Management, Cornell University, NY**
- Embodied Presentation Skills (MBA students)
 - Seen for Who You Are (MBA students)
 - Anatomy of Communication (MBA students)

BOOK

- 2018 *Laban/Bartenieff Movement Studies: Contemporary Applications*. Champaign, IL: Human Kinetics, 2018
- Translation: Korean, Russian is pending

CHAPTERS IN EDITED VOLUMES

- 2016 “Live From New York: Movement Performance and the Representation of American Heteronormativity” chapter in *Inhabiting the Meta Visual: Contemporary Performance Themes*. Interdisciplinary Press, 2016
- 2014 “Laban/Bartenieff Movement Analysis after College” section in *Dance from Campus and Beyond* by Karen Schupp. Human Kinetics, 2014

ARTICLES

- 2020 “Integrating Meditation and Dance Movement Work.”
Buddhism and Culture. Volume 1 2020. Also translated into Korean.
- 2016 – present *Integrated Movement Studies Newsletter*. Editor. 41 Articles on Laban/Bartenieff Movement Studies with Janice Meaden. Published on imsmovement.com.

- “What is Laban/Bartenieff Movement Studies and Why Use It?” Published June 2019. IMS newsletter article. www.imsmovement.com
- “Building the Community Container in Adult Movement Education”. Published July 2019. IMS newsletter article. www.imsmovement.com
- “On the Development of Inter-Observer Reliability”. Published August 2019. IMS newsletter article. www.imsmovement.com
- “Creative Systems Theory as a Pedagogical Framework”. Published September 2019. IMS newsletter article. www.imsmovement.com
- “Seeking Sensation as the Foundation of the Change Process”. Published October 2019. IMS newsletter article. www.imsmovement.com
- “Return to the Movement”. Published November 2019. IMS newsletter article. www.imsmovement.com
- “Movement, The Stress Cycle, and You”. Published December 2019. IMS newsletter article. www.imsmovement.com
- “Initiating with the End in Body: Phrasing into the New Year”. Published January 2020. IMS newsletter article. www.imsmovement.com
- “Congratulations New CLMAs”. Published February 2020. IMS newsletter article. www.imsmovement.com
- “The Importance of Touch to the Development of Subtle Movement Possibilities”. Published March 2020. IMS newsletter article. www.imsmovement.com
- “Resources for Connecting to Our Humanity”. Published April 2020. IMS newsletter article. www.imsmovement.com
- “What is Motif? A Simple Mobilizing Score”. Published May 2020. IMS newsletter article. www.imsmovement.com

- 2010 “Fitness and Laban Movement Analysis”. November 26, 2010
Somatic fitness series for Epoch Times International
- 2010 “Fitness at its Core”. December 27, 2010
Somatic fitness series for Epoch Times International
- 2011 “What is Grounding, Anyway?”. April 3, 2011
Somatic fitness series for Epoch Times International
- 2011 “Posture Up!”. May 11, 2011
Somatic fitness series for Epoch Times International

PRESENTATIONS (selected list)

- Oct 2020 “Let’s meet and punch each other for a while: Boxing as a conscious channeling of power”
International Somatic Educator and Therapist Association Conference
Main presenter, co-presenter Aida Curtis
Pacifica Graduate Institute, Santa Barbara, CA.
(conference cancelled due to Covid-19)
- Aug 2020 “Lessons Learned from Online Teaching”
Faculty Development Series
Alfred University, Alfred, NY
- Oct 2019 “Mugs with Math and Movement”
Moving Laban’s space harmony forms for the Math Club
Alfred University, Alfred, NY
- Jul 2019 “Boxing: A Somatic Support for our Dancing”
Somatic Dance Conference, Geneva, NY
- Oct 2018 “Moving Irmgard Bartenieff’s Lost Gems”
National Dance Educators Organization Conference, San Diego, CA
- Aug 2018 “Remembering Irmgard’s Lost Gems”
Dance Science and Somatic Educators Conference, Buffalo, NY
- Oct 2017 “Dude Moves: Versions of Meaning in this Pop-Culture Body Language Stuff”
Bergren Forum, Alfred, NY
- Jul 2017 “Moving as a Man? Saturday Night Live and the Duke”
European Pop Culture Conference, London, UK
- Oct 2016 “The Tale of Three Sections: Simultaneously Teaching Laban Movement Analysis to Three Distinct Populations”
National Dance Educators Organization, Alexandria, VA
- Jul 2016 “Embodied Pedagogy: Teaching Laban/Bartenieff Movement Analysis”
Bill Evans Somatic Conference, Hobart and William Smith Colleges, Geneva, NY
- Nov 2014 “Live From New York: Movement Performance and the Representation of American Heteronormativity”
Performance 5 International Conference, Prague, Czech Republic
- Apr 2014 “Live from the U.S.: It’s Heterosexual Masculinity”
Scholars Day, Brockport, NY
- Mar 2014 “Shifting Identities: Corporealities Working in Dance”
American College Dance Festival, Brockport, NY
- Jul 2013 “Continuing the Momentum of Somatic Education”

- Teaching Somatics-Based Dance Techniques, Brockport, NY
- Jun 2013 Dance 2050: The Future of Dance, Participant
National Dance Educators Organization, Rochester, NY
- Apr 2013 “Humanity and Efficiency: The Partnering of Dance and Management Theory”
Scholars Day, The College at Brockport, NY
- Mar 2013 “Suiting Up: It’s Bigger than the Body in Corporate Culture”
Pop Culture Association/American Culture Association, Washington D.C
- Feb 2013 “Suiting Up: It’s Bigger than the Body in Corporate Culture
Congress on Research in Dance, Dance Under Construction”
University of California Los Angeles, CA
- Feb 2013 “Get a Foot in the Door”
SUNY Empire State College, Alumni Presentation, Albany, NY
- Jun 2012 “Laban/Bartenieff Movement Analysis in Business School”
Motus Humanus, Pajoma College, Claremont, CA
- Nov 2011 “Meaning and Movement: The Embodied Link”
SUNY Empire State College, Student Research Presentations, White Plains, NY
- Nov 2010 “Exertion/Recuperation Phrasing and You”
SUNY Empire State College, Student Research Conference, White Plains, NY
- Jul 2009 “Inspiring Fitness: Cuing the Embodied Experience”
Fitness Forward Day: New Trends in Body/Mind Fitness, New York, NY
- Oct 2005 “The Pattern That Connects: Body, Movement and Creative Capacity”
National Dance Educators Organization, Buffalo, NY

PERFORMANCES (selected list)

- Dec 2018 *And You...* in collaboration with D. Chase Angier. Alfred, NY
Performed in Harder Hall Lobby.
- Oct 2016 *More Decadent*, Geneva, NY
Hobart and William Smith Colleges Alumni Weekend
- April 2016 *and yes...*, Hornell, NY
site specific performance with D. Chase Angier.
- Nov 2014 *Gemini*, Brockport, NY
Choreographer Juanita Suarez, DANSCORE—Hartwell
- Nov 2013 *Colony*, Brockport, NY
Choreographer Bill Evans, DANSCORE—Hartwell
- Nov 2012 *Wake*, Brockport, NY

Choreographer James Hansen, DANSCORE—Hartwell

Feb 2010 *Entwined*, New York, NY
Choreographer Diane McCarthy, Dance New Amsterdam

Feb 2008 VIA Dance Collective, New York, NY
Company member, Choreographer Dawn Poirer, Dance New Amsterdam

CHOREOGRAPHY (selected list)

2020 *What is Bright, Shiny and In Place*, Alfred, NY
Group piece, Performed in Marlin Miller Theater

2019 *And You...* in collaboration with D. Chase Angier. Alfred, NY
Performed in Harder Hall Lobby.

2018 *Welcome to the Gala*, Alfred, NY
Group piece, Performed in Marlin Miller Theater

2017 *Over and Over Again*, Alfred, NY
Group piece, Performed in Marlin Miller Theater

2017 *More Decadent*, Geneva, NY
Solo Performance

2016 *Remember that Time We Went Camping in the 80s*
Group piece, Performed in Marlin Miller Theater

2015 *At the Jubilee*, Geneva, NY
Hobart and William Smith Guest Artist, Final season in Winn-Seely Theater

2015 *Decadent*, Brockport, NY
Solo Performance

2014 *Alfred Edition*, Alfred, NY
Group piece, Performed in Marlin Miller Theater

2014 *Robert Rauschenberg America*, Brockport, NY
Assistant Choreographer to William Evans and Director Frank Kuhn

2013 *Dear Hand Sanitizer*, The College at Brockport, Brockport, NY
Solo performance

2013 *Waiting Scales*, Rochester Dance Collective, Rochester, NY
Solo performance

2013 *Get Your Foot in the Door*, Rochester, NY
Fringe Festival, Bernunzio's Uptown Music

2011 *My(Inter)Face*, Brooklyn, NY
Premiered at WAXworks, Trisklion Theater

PRODUCED CONCERTS and EVENTS

- 2017 – present Associate Producer, Marlin Miller Dance Residency Program, Alfred, NY
Guest Artists include: Sakuumu, Mariah Maloney, Art Packer and Myrna Bridgman,
Jim Self, Eiko Otake
- 2017 – present Co-Artistic Director, Alfred University Dance Theater, Alfred, NY
Student Concert featuring choreography by students, faculty and guest artists
- 2013 – 2014 Artistic Director, Tiny Dance Concert, A Different Path Gallery, Brockport, NY
Fundraiser for NDEO
- 2013 Self-Produced, *Get a Foot In the Door*, Rochester, NY
Rochester Fringe Festival, Bernunzio's Uptown Music
- 2012 Self-Produced, *Masters in Liberal Studies Thesis Performance*, Livonia, NY
Old St Michael's Church, dance concert with dinner and discussion

UNIVERSITY SERVICE

- 2020 **Director, Dance Program**
Alfred University, Alfred, NY
- 2019 **Co-Chair, Performing Arts Professional Development Series**
Alfred University, Alfred, NY
- 2018 – 2019 **Co-author, Dance Major Curriculum, co-developed with D. Chase Angier**
Alfred University, Alfred, NY
- 2017 – present **Curriculum Development, Dance Department**
Alfred University, Alfred, NY
 - Costume Development for Dance
 - Bodies: Trained, Perceived, Experienced
 - Laban Movement Practicum
 - Laban Movement Plenary
- 2018 **Co-author, Dance Program Strategic Plan and Vision with D. Chase Angier**
Alfred University, Alfred, NY
- 2018 **Co-edited Dance Program Website and Outreach Materials**
Alfred University, Alfred, NY
- 2017 – present **Manager and Artistic Director, Costumes, AU Dance Theater**
Alfred University, Alfred, NY
- 2016 – present **Advisor, Dance Minors**
Alfred University, Alfred, NY
- 2018 **Co-founder, Alfred University Boxing Club**

- Alfred University, Alfred, NY
- 2017 **Acting Interim Director of Department of Dance**
Alfred University, Alfred, NY
- 2017 **Advisor to Assistant Dean, Jennifer Posener, Adjunct on boarding process**
Alfred University, Alfred, NY
- 2017 **Committee Member, Graduate MFA Thesis**
The College at Brockport, Brockport, NY
- 2016 **Committee Member, Performing Arts Open House Committee**
Alfred University, Alfred, NY
- 2016 **Production Contributor, Meltdown and Water for Haiti event in collaboration with Music and School of Art and Design**
Alfred University, Alfred, NY
- 2013 – 2015 **President, National Dance Educators Organization, Student Chapter**
The College at Brockport, Brockport, NY
- 2014 **Founder and Chair, “Playing as Pedagogues” workshop series for undergraduate students**
The College at Brockport, Brockport, NY
- 2014 **Alumni Records and Outreach Coordinator**
The College at Brockport, Brockport, NY
- 2013 **Co-Chair, Dance 2050 Conference, National Dance Educators Organization**
The College at Brockport, Rochester, NY
- 2013 **Chair Selection Committee**
The College at Brockport, Brockport, NY

GUEST ARTIST – UNIVERSITY TEACHING (selected list)

- 2016 – present **Alfred University, Alfred, NY**
- Math with Mugs and Movement, Math Club
 - Movement for Ceramics, Junior Ceramics Class
 - Movement and Identity, IART
 - Preparing for the Stage with Your Body, Alfred Dramatists
 - Movement and Character Development, Honors Class
 - Moving the Dances of Pearl Primus, Dance History
 - Training for the Glass Blower’s Body, Glass Blowing Class
- 2017, 2018 **Nazareth College, Pittsford, NY**
- Embodied Communication, Business Students
- 2017 **Bill Evans Dance Teacher Training, Geneva, NY**
- Bill Evans Technique Intensive Faculty
 - Courses include: Effort, Shape, Space

- 2016 **Temple University, Philadelphia, PA**
- Movement Observation in Geographical Research, hosted by Geography departments of Temple University and Hobart and William Smith Colleges
- 2015 **Hobart and William Smith Colleges, Geneva, NY**
- Commission to reset *At the Jubilee*, performed in HWS Faculty Dance Concert
- 2015 **Rochester Institute of Technology, Henrietta, NY**
- Caring for the Interpreter's Body
- 2014, 2015 **Syracuse University, Syracuse, NY**
- Somatic connections within Bartenieff Fundamentals
- 2014 **The College at Brockport, Brockport, NY**
- Modern Technique and Bartenieff Fundamentals, Levels I-IV
- 2014 **American College Dance Festival, Brockport, NY**
- Bartenieff Fundamentals
- 2014 **Nazareth College, Pittsford, NY**
- Movement and Dance Festival, Movement for Actors
- 2013 **Cornell University, Ithaca, NY**
- Varsity Football Team, The Anatomy of Communication
- 2013 **The College at Brockport, Brockport, NY**
- Bill Evans Technique Intensive, Advanced Laban Movement Analysis
- 2012 **New York University, Atlantic Theater Company, New York, NY**
- Movement for Actors
- 2012 **Cornell University, Ithaca, NY**
- Faculty Movement Training Programs
 - Embodied Communication, Faculty Development and Diversity Training, Johnson Graduate School of Management
 - Embodied Presenting, Women's Leadership Institute (Faculty)
- 2011 – 2014 **Nazareth College, Pittsford, NY**
- Science Exploration Days, Experience Your Anatomy
- 2009 – 2012 **Cornell University, Ithaca, NY**
- Advanced Modern Dance
- 2008 **Ithaca College, Ithaca, NY**
- Movement Choir at Bioneers Conference for Sustainability
- 2007 **William Smith College, Geneva, NY**
- William Smith Bicentennial, Anatomy for Dancers

- 2005 **Hobart and William Smith Colleges, Geneva, NY**
 ○ Cultivating Creative Bodies, 15-week extra-curricular course

OTHER TEACHING (selected list)

- 2018 – present **Move into Greatness, Rochester, NY**
 ○ Private movement education client sessions, Rochester, NY
- 2016 – present **InnerDance, Honeoye Falls, NY**
 ○ LifeMoves, Dance Therapy workshop series
- 2012 – 2015 **Finger Lakes Independence Center, Ithaca, NY**
 ○ Somatic experiencing for adults with developmental disabilities
- 2014 **Center for Teaching and Learning, Brockport, NY**
 ○ Kinesiology for Dance, Graduate Tutor
- 2012 – 2013 **Bally's Total Fitness, Rochester, NY**
 ○ Group Fitness Instructor, Movement and Core
- 2010 – 2012 **The Moderns Marketing Firm, New York, NY**
 ○ Movement-based Corporate Culture Building
- 2009 – 2012 **Move into Greatness, New York, NY**
 ○ Laban/Bartenieff Movement training for Hockey Players
- 2009 – 2012 **The Children's Aid Society, New York, NY**
 ○ Dance, Choreography for Musicals, ages 3-12
- 2009 – 2010 **Move into Greatness, New York, NY**
 ○ Bartenieff Fundamentals for Crew/Sculling
- 2010 **Children's Aid Society, Rhinelander Center, New York, NY**
 ○ Movement in Early Childhood Education
- 2010 **James Fowler Physical Therapy, New York, NY**
 ○ L/BMA in Physical Therapy
- 2007 – 2008 **Attune Holistic Fitness, New York, NY**
 ○ Anatomy and Kinesiology
- 2005 **Clifton Springs Hospital, Clifton Springs, NY**
 ○ World Chi Gong Day, From Metaphor to Movement

COMMUNITY DANCE

- 2010 – 2014 *Global Water Dances* Hemlock Lake, NY
A global dance project organized by Marylee Hardenberg featuring the value of water within community and for larger world, using motif, video, and movement choir

- 2013 *My(Inter)Face II*, Webster Hall, New York, NY
The original work adapted to include the parents of performers
- 2012 *The Training of Work*, Rochester, NY
Large community dance project including video and live performance, excerpted as *Get Your Foot in the Door* for Rochester Fringe Festival
- 2009 – 2011 *NYS Dancing Green Project*, New York City and Ithaca, NY
Collaboration with Jim Self and Norm Johnson Jr., Supported by grants from NYS Dance Force, Cornell Arts Grants, and Tompkins County Artists Foundation
- 2010 *FIGMENT Dances for the Earth*, Governor’s Island, NY
A Dancing Green Project to support New York City Greenspace, funded by a grant from the NYS Dance Force
- 2010 *Look into the Sun*, Union Square, NY
Flash Mob featuring original song, live musical performance, and 65+ performers of all abilities
- 2006 *Your Princess is in Another Castle/Game Over*, Geneva, NY
Based on ‘what is salient to our generation?’ and featured movers of diverse background and skill, Hobart and William Smith Colleges

DANCE FOR CAMERA

- 2020 *Mercy Now*, Rochester, NY
Video project
- 2013 *We’re All in This Together*, Rochester, NY
Collaboration with singer/song writer Maria Gillard
- 2012 *Foot In*, Rochester, NY
Community Dance project on metaphors of labor, filmed in various locations
- 2012 *Working Man Blues*, Rochester, NY
Community dance project featuring ‘posture games’
- 2010 *The Center of it All*, New York, NY
Movement choir in Union Square

DANCE SCIENCE CLINICAL EXPERIENCE

- 2009 – 2011 **James Fowler Physical Therapy, New York, NY**
- Physical Therapy Assistant
 - Specialist in rehabilitation for athletes
 - Co-developed “The James Fowler Approach”
- 2007 – 2009 **Attune Holistic Fitness, New York, NY**
- Movement Educator and Therapist

- Taught anatomy and kinesiology, muscle testing, and program design to fitness professionals
- 2006 – 2007 **Equinox Fitness, New York, NY**
- Fitness Trainer
- 2004 – 2005 **The Springs at Clifton, Clifton Springs Hospital, Clifton Springs, NY**
- Movement Educator and Therapist
 - Specialized in Amyotrophic lateral sclerosis, Multiple Sclerosis, Frozen Shoulder

ADMINISTRATIVE EXPERIENCE

- 2018 – present **Co-director, Integrated Movement Studies Salt Lake City, UT and Berkeley, CA**
- Develop certification and immersion curriculums
 - Maintain student handbook
 - Co-author faculty handbook
 - Staffing and new faculty training and mentoring
 - Budgeting and bookkeeping
- 2018 – present **Mentor Director, Integrated Movement Studies Kyiv**
- 2017 – present **Marlin Miller Dance Residency Program, Associate Producer**
Alfred, NY
- 2007 – present **Move into Greatness, New York, NY**
- Owner and Founder
 - 4-5 years as a studio owner and operator
 - Responsibilities: evidence and somatic based programming, business plan development, investor relations, marketing, scheduling, client relations, bookkeeping, accounting, staffing, enrollment
- 2012 – 2013 **Concert Coordinator and Curator, Tiny Dance, Brockport, NY**
- 2012 **Stage Manager, SANFOKA Ensemble, Brockport, NY**
- 2010 **Center for Kinesthetic Education, New York, NY**
- Conference Organizer, Fitness Forward Day: New Trends in Body/Mind Fitness
 - Featured speakers Tom Myers and Martha Eddy

CONTINUING EDUCATION

- 2020 Jumpsuit: How to Make a Personal Uniform for the End of Capitalism
Workcoat: How to Stay Warm in Ashes of Empire
Both through the Artist Research Collective
- 2020 Anti-Racist Book Club: How to Be an Anti-Racist
Alfred University, Alfred, NY

- 2018 Mixed Martial Arts Certification, National Academy of Sports Medicine
- 2016 National Academy of Sports Medicine, Personal Trainer Certification
- 2014 Bill Evans Teaching Intensive, Edinburgh, Scotland
Assisted with Laban/Bartenieff Movement Analysis
- 2014 Continuum in the tradition of Emily Conrad, Rochester, NY
Taught by Priscilla Aucincloss
- 2013 – 2014 Liz Koch, Core Awareness and Psoas Workshops, multiple locations
Recognized Core Awareness Educator
- 2013 The Laban Centre—Dynamic Body Intensive, London, England
Studied Effort and Laban History with Allison Curtis Jones, Valerie Preston Dunlop
and Olga Masleinnikova
- 2011 Maggie Flannigan Summer Intensive, New York, NY
Meisner Actor Training
- 2011 Kate Weare and Monica Bill Barnes Intensive, New York, NY

GRANTS, AWARDS, AND HONORS

- 2020 Outstanding Researcher 2020, New York State Dance Educators Association
(NYSDEA)
- 2017– 2018 Faculty Development Grant, Alfred University, College of Liberal Arts and Sciences
- 2015 Outstanding Graduate Student, The College at Brockport, School of Arts and
Humanities
- 2014 Bill Evans Award for Embodied Scholarship
- 2014 Student Travel Grant to attend Bill Evans Teacher Intensive in Scotland
- 2013 Nat Goodhart Award for Dance Science
- 2013 New York State Dance Force Grant
- 2013 Student Travel Grant to attend Conferences in Washington D.C. and Los Angeles,
CA
- 2012 Friends of Brockport Dance Scholarship
- 2010 New York State Dance Force, Tompkins County Arts Fund, Cornell Community
Arts
- 2009 New York State Dance Force Grant

PROFESSIONAL MEMBERSHIPS

2013 – present	Core Awareness, Recognized Practitioner
2012 – present	Motus Humanus, Professional Member
2012 – present	New York State Dance Educators Association, Professional Member
2007 – present	International Somatic Movement Educator and Therapist Association, Registered Somatic Movement Educator
2005 – present	National Dance Educators Organization, Professional Member