

# Courses of Instruction

**Note:** This is a list of all approved courses that may be offered 2009-2011. The list of courses offered in any particular semester or summer term appear in the Class Schedule for that term on AU BannerWeb: (<https://banweb.alfred.edu>).

## University Courses

**COOP 385 - Cooperative Education** 3 hours. Students are employed off-campus in a position directly related to their academic and career goals. Off-campus arrangements are handled by the Career Development Center. Prerequisite: Junior standing.

**OCST 301 - Study Abroad Preparation and Review** 2 hours. Students acquaint themselves with the country and culture they will be visiting through readings related to their country, online monitoring of newspapers in the host country, and weekly discussions. Students are expected to be able to address a current world issue through the lens of their host country. Cross-cultural simulations are used to facilitate discussions of issues related to ethnocentrism and stages of cultural adjustment. During the class, and while they are abroad, students keep an online, weekly reflective journal. Health and safety issues are addressed as well as the details related to a trip abroad, such as passports and visas. A wrap-up class follows during the returning semester. Offered in the second-half of each semester (B-Block).

**UNIV 101 - Campus Life Leadership Skills** 1 hour. This course focuses on improving communication skills in working with both individuals and groups. Topics to be covered include: group dynamics, trust, valuing, the building of relationships, listening skills, assertiveness, confrontation skills, and resolving interpersonal conflicts.

**UNIV 102 - Career and Professional Success** 1 hour. In this course students develop and hone their job search skills. This includes creating and implementing a job search plan, resume and cover letter development, professional etiquette and business protocol, company research, effective networking, "dressing for success," interviewing and salary negotiation, and transitioning from college to the world of work. Students have an opportunity to connect both formally and informally with employers, alumni, and students through dinners, networking receptions, career events, and panel discussions.

**UNIV 105 - Peer Leadership in Health and Wellness Education** 2 hours. Provides students with the knowledge foundation and skills needed to become leaders in peer education and mentoring through a combination of instruction and service learning opportunities. Covers content specific to health and wellness issues faced by college students. Required for students wishing to become presenters in the Health and Wellness peer education program and the Student Athlete Mentor (SAMS) program.

**UNIV 110 - Drawn to Diversity** 2 hours. This course uses art and pop culture to explore issues of equality. The course features a service-learning/community outreach component in which students share their in-class research through interactive presentations throughout the semester.

**UNIV 115 - Service Learning Experience** 1 hour.