

ALFRED UNIVERSITY

CHILD AND FAMILY SERVICES CENTER

Why are we here?

The Child and Family Services Center is a community mental health clinic that is part of the Alfred University Counseling and School Psychology programs. It is a training clinic where we offer services to the individuals, families, and schools in the communities surrounding Alfred.

As parents you know how difficult growing up can sometimes be for your child. You want to help but it can be hard to know what to do. We are here to help you better understand your child and your child's unique pattern of needs and abilities. We will equip you to make the best and most informed decisions possible as we work directly with your child to help him or her get along better in life.

We know that adults also experience stressors and may need assistance coping with them. Our services also include counseling clients of all ages regarding mood or anxiety problems, relationship issues, and stress management.

How do we do this?

Depending on the needs of clients, our staff may provide counseling or conduct evaluations. We offer individual, group, or family counseling. For young children, we may conduct play therapy. Usually the first session is spent finding out about your needs, or your children's needs, in an intake interview. Based upon that, we are able to determine how we might be of help.

With children, clinicians also talk with parents, interview other important individuals in the child's life (teachers, physicians, etc.), and review all relevant educational, psychological, and medical records. We spend as much time as necessary to gather extensive information from the important people in the child's life.

Because we are a child *and* family center, we expect parents to be actively involved in the services we provide for their children. This means that parents may meet regularly with a clinician while their child is receiving individual counseling, or that parents and children receive family counseling together. With your help, we develop a better understanding of your child and his or her world.

If parents wish, we will also consult with the professionals at their child's school regarding the results of our evaluation of your child, or to work with the school on strategies that may help your child. If appropriate, we can recommend other service providers who may also be of assistance to clients.

WE OFFER SERVICES
TO
INDIVIDUALS
FAMILIES
SCHOOLS
IN THE COMMUNITIES
SURROUNDING ALFRED.



Whom can we serve?

We can provide psychoeducational assessment to children and adolescents from age three (3) through age twenty-one (21). We can provide counseling to children, adolescents, and adults. There are no geographic limitations on our services.

We value the differences and similarities among people, and respect the multiple identities of clients and communities with whom we work. The Child and Family Service Center does not discriminate against any person on the basis of race, color, gender, age, national or ethnic origin, religion, sexual orientation, gender, socioeconomic status, or disability.

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Who provides services?

All clinicians are graduate students who are enrolled in our master's degree or doctoral programs in Counseling and School Psychology. All clinicians are directly observed by a faculty supervisor and other clinicians who comprise the services team. The supervisors are faculty members who are experienced, licensed mental health counselors or psychologists.

Primary Supervisory Staff

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|---------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Jana Atlas, Ph. D. | Director of the Child and Family Services Center
Professor of School Psychology |
| J. Stephen Byrne, Psy. D. | Assistant Professor of Counseling |
| Kevin Curtin, Ph. D. | Assistant Professor of Counseling |
| Ellen Faherty, Psy. D. | Director of the Lea R. Powell Institute
for Children and Families
Clinical Associate Professor of School Psychology |
| Kasie Lee, Ph.D. | Assistant Professor of Counseling |
| Lynn O'Connell, Psy. D. | Associate Professor of School Psychology |



What about cost?

Like most professionals we provide services for a fee. **HOWEVER**, we have a sliding fee schedule, based on your ability to pay.

In addition, we see clients who have Medicaid or Child Health Plus for free. In general no one will be turned away simply because of an inability to pay. If you are concerned about this, please discuss it with us.



Confidentiality

All services are provided in a confidential manner with respect to your personal rights provided by law.

How do you get more information, or make an appointment?

If you want further information, you can call us at (607) 871-2229 from 8:30 a.m. to 4:30 p.m. daily.

Our location

We are located in a neighborhood adjacent to the Alfred University Campus.

Child and Family Services Center
6 Sayles Street
Alfred, NY 14802

HOURS FOR CLIENT SERVICES:

MONDAY
TUESDAY
WEDNESDAY
THURSDAY

1:00 - 7:00 P.M.



Directions from Main Street, Alfred

From Wellsville—turn right at Terrace Street, before you reach the village of Alfred . . .

From Hornell—proceed straight at the traffic light., through village center. Turn left at Terrace Street . . .

At the end of Terrace Street, turn left onto Sayles Street.

Proceed approximately one-half block.

Turn left into Parking Lot behind the Center.

From Parking Lot, use the path to the left, as you approach the building, to our door.