About Alfred

The Alfred University Swim Camp is held on the beautiful, park-like University campus in rural western New York State. The campus offers modern buildings and facilities including a 25-yard competition pool with diving well.

The campus, a 6-hr drive from New York City, 2 hrs from Buffalo, & 1 1/4 hrs from Rochester, is easily accessible by car or bus from all directions. The nearest major airport is the Rochester International Airport (about 65 mi. north). Transportation to/from that airport can be provided for an additional charge if we receive the request by June 13. After that date, students must make their own arrangements with an airport limo service.

Camp Cancellations

Full refunds will be made for camper cancellations received before June 2 and June 10. Sorry, no refunds can be issued after June 10.

Contact Us

For further technical information contact: Coach Striker at 607-871-2893. Email: striker@alfred.edu. For further information concerning the enrollment process, housing or meals contact: Office of Summer Programs, 1 Saxon Drive, Alfred, NY 14802. Phone: 607-871-2612. Fax: 607-871-2045. Email: summerpro@alfred.edu.

Sample Daily Schedule

6:30 am  Optional Advanced Workout for Swimmers in Training
7:30 am  Morning Practice
8:30 am  Breakfast
9:30 am  Drills & Workout
12:00 pm  Lunch & Free Time
1:30 pm  Afternoon Practice
5:00 pm  Dinner
6:30 pm  Organized Recreational Activities
10:00 pm  Quiet Hours Begin

Please note: We reserve the right to make slight changes in the daily schedule without prior notice.

Alfred University
Summer Programs
Swim Camp
July 10-15, 2016
For Competitive Swimmers entering grades 7-12

AU Policy Against Discrimination: Whether considering candidates for admission or financial aid, applicants for employment or the management of its policies and school-administered programs, Alfred University does not discriminate on the basis of gender, sexual orientation, age, race, color, national or ethnic origin, religion, or disability. Alfred University is an affirmative action, equal opportunity employer.

Cancellation: Alfred University may cancel any course or activity at any time because of insufficient enrollment or other unforeseen circumstances. If a program is canceled or postponed, the University will refund registration fees but cannot be held responsible for other costs, charges, or expenses, including cancellation/change charges assessed by airlines or travel agencies.
Swim Camp

July 10-15, 2016

The Program
This exciting, week-long, co-ed camp is designed to enhance the technical aspects of stroke, training, and the strategies needed for each camper to compete at the top level of competitive swimming. Technical instructions, stretching and dryland training, training principles and stroke development are integral parts of the program. Optional, additional advanced workouts will also be available.

Who Can Attend?
This camp is for competitive swimmers entering grades 7-12 who wish to improve their skills (must be at least 12 years old at start of camp). Campers stay in University residence halls and have cafeteria-style meals in the University dining hall.

Activities
When not in training sessions, campers enjoy a variety of recreational activities including indoor and outdoor games, movies, social gatherings at a local coffee house, a farewell party on the last night and more.

Camp Director
Camp Director Brian Striker is Head Swimming and Diving Coach at Alfred University. He was one of the top swimmers in the program’s history while a student at AU, earning All-American certification five times. Coach Striker returned to the University in 2002 to coach the men’s and women’s swimming and diving teams. In his twelve years at the helm of the men’s team, he has guided the Saxons to four Upper New York State Collegiate Swimming Association championships (2003, 2007, 2008 and 2009) and five Empire 8 Conference championship titles (2003, 2005, 2007, 2008 and 2009).

Striker is a five-time UNYSCSA and Empire 8 Conference Coach of the Year; athletes he has coached have won 142 Empire 8 individual and relays events and 54 UNYSCSA individual and relay events. He shares the school record for consecutive men’s dual-meet coaching victories (28, from 2005-2009). He has coached eight All-Americans at AU, and 31 individual and 15 relay school records have been set. In 2010 Coach Striker was inducted into the Alfred University Athletic Hall of Fame. This is his 12th year serving as Director of the AU Summer Swim Camp.

Fees
Residential camp fee: $475 per person covers room and board from Sunday dinner through Friday lunch, individualized and group instruction, organized activities, a camp T-shirt, and a fun-filled week.

Commuter rate: $375 (includes breakfast and lunch, Monday through Friday). Campers who wish to commute must arrive on campus by 7:30 a.m. for morning practice and be picked up no later than 5:00 p.m. (Exception: commuter pick-up time on Friday is 1:00 p.m.)

Team discount: If three or more swimmers from the same school or team enroll, they will receive a discount of $25 per person. In order to be eligible for this discount, the same team name must be indicated on each enrollment form.

Early bird discount: A discount of $10 per swimmer will be given (in addition to the team discount, if applicable) for all who register by April 15.

How to Enroll
Swimmers who wish to enroll should visit www.alfred.edu/summer/camps/swimming.cfm to complete the on-line enrollment form. The full camp fee, minus any applicable discounts, must be submitted electronically with the enrollment form. (If you do not have access to a computer and wish to enroll please contact us at 607-871-2612.)

The enrollment deadline is May 1, 2016. (Later enrollments will only be accepted if space is available.)

Camps will be accepted on a first-come, first-served basis. This popular camp fills up fast, so it is a good idea to enroll as early as possible. (We will begin accepting enrollments in early January 2016.)

Shortly after enrollment application has been received, campers will receive further instructions on how to access required forms such as the medical form, health history form, parental permission and emergency notification forms, etc. These materials must be downloaded, completed and e/mailed back to the Office of Summer Programs no later than June 1, 2016. Updated immunization information (including dates) is also required at that time.

If you do not have updated immunization information on hand, you may want to acquire this from your physician now to avoid processing delays.

ENROLL NOW! See enrollment form & further information on-line: www.alfred.edu/summer/camps/swimming.cfm