

Colleen Wahl

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EDUCATION

2015	MFA	Dance, The College at Brockport, State University of New York
2012	MALS	Liberal Studies, Empire State College, State University of New York
2006	BA	Dance, Arts and Education, Hobart and William Smith Colleges

CERTIFICATIONS

2022	SMTT	Certified Simonson Teacher, Simonson Method Teacher
2016	NASM	Certified Personal Fitness Trainer National Academy of Sports Medicine (NASM)
2008	MSME	Master Somatic Movement Educator International Somatic Movement Educator and Therapist Association (ISMETA)
2006	CLMA	Certified Laban Movement Analysis, Integrated Movement Studies, University of Utah

CURRENT POSITIONS

- 2020 – present **Director, Integrated Movement Studies, NY and UT**
- Oversees Graduate Certification Programs in Laban/Bartenieff Movement Analysis
 - Develops curriculum and maintains accreditation standards through ISMETA
 - Mentors and trains new faculty
 - Works with all aspects of running organization
- 2020 – present **Associate Professor, Alfred University, NY**
- Program Coordinator for Dance Minor, new BFA in Dance
 - Courses include: Fundamentals of Dance, Modern I and II, Composition I and II, Laban Movement Studies, Costume Development for Dance, Embodied Anatomy, AU Dance Theater, Jazz I, World of Pattern

PAST UNIVERSITY TEACHING POSITIONS

- 2016 – 2020 **Visiting Assistant Professor, Alfred University, NY**

- Interim Coordinator for Dance Program and Dance Minor as sabbatical replacement
- 2015 – 2018 **Adjunct Professor, State University of New York Brockport, NY**
 - Courses include: Dance Research - Graduate, Laban Movement Analysis - Graduate, Laban Movement Analysis
 - MFA Thesis Advisor
- 2016 **Adjunct Assistant Faculty, Hobart and William Smith Colleges, NY**
 - Laban Movement Analysis
- 2014 – 2016 **Adjunct Professor, Alfred University, NY**
 - Fundamentals of Dance
 - Contact Improvisation
 - Modern 1
- 2014 – 2015 **Graduate Teaching Assistant, The College at Brockport, NY**
 - Modern (non-majors and majors)
 - Laban Movement Analysis (majors and graduate students)
 - Somatics (majors and graduate students)
 - Introduction to Dance
 - Looking at Dance

OTHER UNIVERSITY TEACHING

- 2013 – present **Core Faculty, Integrated Movement Studies, Utah, California, New York**
 - Faculty Mentor
 - Certification Faculty
 - Certification Interim Mentor
 - Immersion Faculty
- 2010 – 2014 **Leadership Skills Faculty, Johnson Graduate School of Management, Cornell University, NY**
 - Embodied Presentation Skills (MBA students)
 - Seen for Who You Are (MBA students)
 - Anatomy of Communication (MBA students)

BOOKS

- 2018 *Laban/Bartenieff Movement Studies: Contemporary Applications*. Champaign, IL: Human Kinetics, 2018
 - Translation: Korean, Russian is pending
- 2024 *Laban/Bartenieff Movement Studies: Contemporary Applications, second edition*. Champaign, IL: Human Kinetics, 2025

CHAPTERS IN EDITED VOLUMES

- 2024 “Let’s Meet and Punch Each Other – Using L/BMA to Explore the Bonds of Combat Activity” co-authored with Aida Curtis, essay in *Laban/Bartenieff Movement Studies, second edition*. Human Kinetics, 2025.
- 2016 “Live From New York: Movement Performance and the Representation of American Heteronormativity” chapter in *Inhabiting the Meta Visual: Contemporary Performance Themes*. Interdisciplinary Press, 2016
- 2014 “Laban/Bartenieff Movement Analysis after College” section in *Dance from Campus and Beyond* by Karen Schupp. Human Kinetics, 2014

ARTICLES

- 2016 – present *Integrated Movement Studies Newsletter*. Editor. Over 70 articles on Laban/Bartenieff Movement Studies with Janice Meaden. Published on imsmovement.com.
- “Irmgard Reflecting on Laban’s Teaching.” Published May 2024. IMS newsletter article. www.imsmovement.com
 - “Laban’s Stillness and Stir – poetic musings.” Published April 2024. IMS newsletter article. www.imsmovement.com
 - “A Personal Account of Laban’s Space Harmony Scales.” Published March 2024. IMS newsletter article. www.imsmovement.com
 - “Joy in Movement through Function and Expression.” Published February 2024. IMS newsletter article. www.imsmovement.com
 - “What are we doing with L/BMS in Irmgard Bartenieff’s words.” Published January 2024. IMS newsletter article. www.imsmovement.com
 - “Moving Offerings from Alums.” Published December 2023. IMS newsletter article. www.imsmovement.com
 - “What does being Embodied mean?.” Published November 2023. IMS newsletter article. www.imsmovement.com
 - “Reinvesting in our podcast – Embodied People.” Published October 2023. IMS newsletter article. www.imsmovement.com
 - “An Interview with Mihyun Lee on Embodied Practices for Adoptees.” Published September 2023. IMS newsletter article. www.imsmovement.com
 - “An Interview with Madegan Lynch on applying L/BMS to Ballet Dancers.” Published August 2023. IMS newsletter article. www.imsmovement.com
 - “An Interview with Hana Kemea Kemble the director of Moving Child Films.” Published July 2023. IMS newsletter article. www.imsmovement.com

- “20 New CLMAs in Korea.” Published June 2023. IMS newsletter article. www.imsmovement.com
- “Turning Over the Soil – Completions and Beginnings.” Published May 2023. IMS newsletter article. www.imsmovement.com
- “Finding Support in Movement to Begin.” Published April 2023. IMS newsletter article. www.imsmovement.com
- “Students reflect on Peggy Hackney’s Teaching and Legacy.” Published March 2023. IMS newsletter article. www.imsmovement.com
- “In Honor of Peggy Hackney’s Retirement.” Published February 2023. IMS newsletter article. www.imsmovement.com
- “Bodily Knowing and the Change Process.” Published January 2023. IMS newsletter article. www.imsmovement.com
- “Your Movement Practices Shape your Sense of your Body and you Self.” Published December 2022. IMS newsletter article. www.imsmovement.com
- “Right and Timely Embodied Knowing.” Published October 2022. IMS newsletter article. www.imsmovement.com
- “Space: Your Alive, Dynamic Partner.” Published September 2022. IMS newsletter article. www.imsmovement.com
- “Congratulations New CLMAs.” Published August 2022. IMS newsletter article. www.imsmovement.com
- “New Movement Skills and the Buddy Gifting Project.” Published July 2022. IMS newsletter article. www.imsmovement.com
- “The Arm Circle: 3-D Rotary Function.” Published June 2022. IMS newsletter article. www.imsmovement.com
- “Revisiting Irmgard’s Basic Six: Diagonal Knee Reach.” Published May 2022. IMS newsletter article. www.imsmovement.com
- “Revisiting Irmgard’s Basic Six: Body Half.” Published April 2022. IMS newsletter article. www.imsmovement.com
- “The Dimensional Scale and Reflections on Life.” March 2022. IMS newsletter article. www.imsmovement.com
- “Revisiting Irmgard’s Basic Six: Lateral Pelvic Shift” Published February 2022. IMS newsletter article. www.imsmovement.com
- “Celebration of the Life and Work of Cadence Joy Whittier.” Published January 2022. IMS newsletter article. www.imsmovement.com

- “Revisiting Irmgard’s Basic Six: Sagittal Pelvic Shift.” Published December 2021. IMS newsletter article. www.imsmovement.com
- “A Moment of Life, A Moment of Pause.” Published November 2021. IMS newsletter article. www.imsmovement.com
- “Revisiting Irmgard’s Basic Six: Femoral Joint Flexion and Extension.” Published October 2021. IMS newsletter article. www.imsmovement.com
- “What’s the Point? Revisiting Irmgard’s Basic Six.” Published October 2021. IMS newsletter article. www.imsmovement.com
- “What is Effort and Why Study It?” Published July 2021. IMS newsletter article. www.imsmovement.com
- “Inner Volume to Outer Expression.” Published May 2021. IMS newsletter article. www.imsmovement.com
- “Overview: What Does it Mean to Perceive Movement Through Laban/Bartenieff Movement Studies?”. Published April 2021. IMS newsletter article. www.imsmovement.com
- “Let’s Talk About Sensation”. Published March 2021. IMS newsletter article. www.imsmovement.com
- “Function and Expression: Moving the Fullness of Our Humanity”. Published February 2021. IMS newsletter article. www.imsmovement.com
- “Intention, Phrasing and the Change Process”. Published January 2021. IMS newsletter article. www.imsmovement.com
- “How to Build Your Own Icosahedron”. Published December 2020. IMS newsletter article. www.imsmovement.com
- “Strategies for Sanctuary: Taking Refuge in Your Moving Body”. Published November 2020. IMS newsletter article. www.imsmovement.com
- “The Change Process 3: Resilience is Our Goal”. Published October 2020. IMS newsletter article. www.imsmovement.com
- “The Change Process 2: Some Possible Steps”. Published September 2020. IMS newsletter article. www.imsmovement.com
- “The Change Process 1: The Roots and Possibilities”. Published August 2020. IMS newsletter article. www.imsmovement.com
- “Introducing the Change Process”. Published July 2020. IMS newsletter article. www.imsmovement.com

- “What is Motif? A Simple Mobilizing Score”. Published May 2020. IMS newsletter article. www.imsmovement.com
- “Resources for Connecting to Our Humanity”. Published April 2020. IMS newsletter article. www.imsmovement.com
- “The Importance of Touch to the Development of Subtle Movement Possibilities”. Published March 2020. IMS newsletter article. www.imsmovement.com
- “Congratulations New CLMAs”. Published February 2020. IMS newsletter article. www.imsmovement.com
- “Initiating with the End in Body: Phrasing into the New Year”. Published January 2020. IMS newsletter article. www.imsmovement.com
- “Movement, The Stress Cycle, and You”. Published December 2019. IMS newsletter article. www.imsmovement.com
- “Return to the Movement”. Published November 2019. IMS newsletter article. www.imsmovement.com
- “Seeking Sensation as the Foundation of the Change Process”. Published October 2019. IMS newsletter article. www.imsmovement.com
- “Creative Systems Theory as a Pedagogical Framework”. Published September 2019. IMS newsletter article. www.imsmovement.com
- “On the Development of Inter-Observer Reliability”. Published August 2019. IMS newsletter article. www.imsmovement.com
- “Building the Community Container in Adult Movement Education”. Published July 2019. IMS newsletter article. www.imsmovement.com
- “What is Laban/Bartenieff Movement Studies and Why Use It?” Published June 2019. IMS newsletter article. www.imsmovement.com
- “The Expressive Life of Shape Forms”. Published May 2019. IMS newsletter article. www.imsmovement.com
- “Initiation: A Metaphor for Life and Tangible in Movement”. Published April 2019. IMS newsletter article. www.imsmovement.com
- “Pause and Stillness”. Published March 2019. IMS newsletter article. www.imsmovement.com
- “Experience as Teacher: Connecting to the Visceral and Bringing it to the Surface”. Published February 2019. IMS newsletter article. www.imsmovement.com
- “Movement: A form of processing, thinking, and knowing”. Published January 2019. IMS newsletter article. www.imsmovement.com

- “Using Movement to Reflect on 2018”. Published December 2018. IMS newsletter article. www.imsmovement.com
- “Check It Out: Two New Texts by our Faculty”. Published November 2018. IMS newsletter article. www.imsmovement.com
- “Making Meaning from Movement: An L/BMS Perspective”. Published October 2018. IMS newsletter article. www.imsmovement.com
- “Phrases: Bridging from Movement to Patterns in your Larger Life”. Published September 2018. IMS newsletter article. www.imsmovement.com
- “What is Phrasing? Looking at What We Know about Movement Phrases”. Published August 2018. IMS newsletter article. www.imsmovement.com
- “The BESS Baseline: Breath, Flow, Shape Flow Support, and Inner Volume”. Published July 2018. IMS newsletter article. www.imsmovement.com
- “Types of Touch: A Quick Touch in with Your Body”. Published June 2018. IMS newsletter article. www.imsmovement.com
- “Quick Gems from Irmgard Bartenieff”. Published April 2018. IMS newsletter article. www.imsmovement.com
- “Who is IMS Introduction”. Published March 2018. IMS newsletter article. www.imsmovement.com
- “Welcome New CLMA's: Meet the Cohort”. Published February 2018. IMS newsletter article. www.imsmovement.com
- “Photo Gallery of the 2017-2018 Certification Program”. Published January 2018. IMS newsletter article. www.imsmovement.com
- “Connecting to Physicality to Know The Self”. Published December 2017. IMS newsletter article. www.imsmovement.com
- “The Observation Process: More Information”. Published October 2017. IMS newsletter article. www.imsmovement.com
- “Moving Through the Observation Process”. Published September 2017. IMS newsletter article. www.imsmovement.com
- “Beyond the Technical Language: A Case for the Evocative and Imagistic in L/BMS”. Published August 2017. IMS newsletter article. www.imsmovement.com
- “Irmgard Bartenieff's Lost Gems”. Published July 2017. IMS newsletter article. www.imsmovement.com

- “What is an IMS Immersion?”. Published June 2017. IMS newsletter article. www.imsmovement.com
- “Zones of the Kinesphere”. Published May 2017. IMS newsletter article. www.imsmovement.com
- “Motif: We are a go!”. Published April 2017. IMS newsletter article. www.imsmovement.com
- “Cross-Lateral Pattern of Total Body Connectivity”. Published March 2017. IMS newsletter article. www.imsmovement.com
- “Body-Half Pattern of Total Body Connectivity”. Published February 2017. IMS newsletter article. www.imsmovement.com
- “Upper-Lower Pattern of Total Body Connectivity”. Published January 2017. IMS newsletter article. www.imsmovement.com
- “Head-Tail Pattern of Total Body Connectivity”. Published December 2016. IMS newsletter article. www.imsmovement.com
- “Core-Distal Pattern of Total Body Connectivity”. Published November 2016. IMS newsletter article. www.imsmovement.com
- “Breath Pattern of Total Body Connectivity”. Published October 2016. IMS newsletter article. www.imsmovement.com
- “Introducing the Patterns of Total Body Connectivity”. Published September 2016. IMS newsletter article. www.imsmovement.com
- “Introducing Weight Effort”. Published August 2016. IMS newsletter article. www.imsmovement.com
- “Kinesphere: Explore the Space Around You”. Published July 2016. IMS newsletter article. www.imsmovement.com

- 2024 “Integration of Laban Movement System’s Effort Theory in Biomechanical Analysis of Golf Swing: A Focus on the Initiation of the Downswing and Hip Turn Dynamics” published in Sensors Journal. Co-authored with Wangdo Kim and Wanda Ottes
- 2024 “An Icosahedron for Two: A Many-Sided Look at Choreographing a Duet” Laser Journal, Volume 1. 2024.
- 2020 “Integrating Meditation and Dance/Movement Work.” Buddhism and Culture. Volume 1 2020. Also translated into Korean.
- 2010 “Fitness and Laban Movement Analysis”. November 26, 2010 Somatic fitness series for Epoch Times International

- 2010 "Fitness at its Core". December 27, 2010
Somatic fitness series for Epoch Times International
- 2011 "What is Grounding, Anyway?". April 3, 2011
Somatic fitness series for Epoch Times International
- 2011 "Posture Up!". May 11, 2011
Somatic fitness series for Epoch Times International

RESIDENCY

- 2022 Keyes Residency Program, through Alfred University, in Maine

PRESENTATIONS (selected list)

- March 2023 "Integrating Arts, Math and Computer Science: An Interdisciplinary STEAM Collaboration." with co-presenter Mina Sedaghat-Jou. National Science Teachers Association Conference. Atlanta, GA
- Nov 2022 "World of Pattern: Geometry, Body and Beauty." with co-presenter Mina Sedaghat-Jou. North American Chapter of the International Group for the Psychology of Mathematics Education. Nashville, TN
- July 2022 "Oh, Those Words: Language for Movement and Transformation." with co-presenters Kathy Diehl, Sarah Donohue and Marin Leggat. Bill Evans Somatic Dance Conference. Could not attend in person.
- April 2022 "Style Analysis of John Wayne's Walk." Video Presentation. Integrated Movement Studies.
- Feb 2022 "Alumni Application Panel." Curated and Hosted Panel Discussion. Integrated Movement Studies.
- Nov 2021 "Making Dances with Technology and Fiber." Creative Presentation. Wednesday Night Speaker Series. Alfred University, Alfred, NY
- Oct 2021 "Let's Punch Each Other! Experiences of Power in Boxing." Paper presentation. Bergren Forum Alfred University, Alfred, NY
- March 2021 "Let's meet and punch each other for a while: Boxing as a conscious channeling of power" International Somatic Educator and Therapist Association Conference Main presenter, co-presenter Aida Curtis Pacifica Graduate Institute, Online

- Aug 2020 “Lessons Learned from Online Teaching”
Faculty Development Series
Alfred University, Alfred, NY
- Oct 2019 “Mugs with Math and Movement”
Moving Laban’s space harmony forms for the Math Club
Alfred University, Alfred, NY
- Jul 2019 “Boxing: A Somatic Support for our Dancing”
Somatic Dance Conference, Geneva, NY
- Oct 2018 “Moving Irmgard Bartenieff’s Lost Gems”
National Dance Educators Organization Conference, San Diego, CA
- Aug 2018 “Remembering Irmgard’s Lost Gems”
Dance Science and Somatic Educators Conference, Buffalo, NY
- Oct 2017 “Dude Moves: Versions of Meaning in this Pop-Culture Body Language Stuff”
Bergren Forum, Alfred, NY
- Jul 2017 “Moving as a Man? Saturday Night Live and the Duke”
European Pop Culture Conference, London, UK
- Oct 2016 “The Tale of Three Sections: Simultaneously Teaching Laban Movement Analysis to
Three Distinct Populations”
National Dance Educators Organization, Alexandria, VA
- Jul 2016 “Embodied Pedagogy: Teaching Laban/Bartenieff Movement Analysis”
Bill Evans Somatic Conference, Hobart and William Smith Colleges, Geneva, NY
- Nov 2014 “Live From New York: Movement Performance and the Representation of
American Heteronormativity”
Performance 5 International Conference, Prague, Czech Republic
- Apr 2014 “Live from the U.S.: It’s Heterosexual Masculinity”
Scholars Day, Brockport, NY
- Mar 2014 “Shifting Identities: Corporealities Working in Dance”
American College Dance Festival, Brockport, NY
- Jul 2013 “Continuing the Momentum of Somatic Education”
Teaching Somatics-Based Dance Techniques, Brockport, NY
- Jun 2013 Dance 2050: The Future of Dance, Participant
National Dance Educators Organization, Rochester, NY
- Apr 2013 “Humanity and Efficiency: The Partnering of Dance and Management Theory”
Scholars Day, The College at Brockport, NY
- Mar 2013 “Suiting Up: It’s Bigger than the Body in Corporate Culture”
Pop Culture Association/American Culture Association, Washington D.C

- Feb 2013 “Suiting Up: It’s Bigger than the Body in Corporate Culture
Congress on Research in Dance, Dance Under Construction”
University of California Los Angeles, CA
- Feb 2013 “Get a Foot in the Door”
SUNY Empire State College, Alumni Presentation, Albany, NY
- Jun 2012 “Laban/Bartenieff Movement Analysis in Business School”
Motus Humanus, Pomona College, Claremont, CA
- Nov 2011 “Meaning and Movement: The Embodied Link”
SUNY Empire State College, Student Research Presentations, White Plains, NY
- Nov 2010 “Exertion/Recuperation Phrasing and You”
SUNY Empire State College, Student Research Conference, White Plains, NY
- Jul 2009 “Inspiring Fitness: Cuing the Embodied Experience”
Fitness Forward Day: New Trends in Body/Mind Fitness, New York, NY
- Oct 2005 “The Pattern That Connects: Body, Movement and Creative Capacity”
National Dance Educators Organization, Buffalo, NY

PODCASTS

- August 2023 “Embodied People”
Producer and co-host with Sarah Donohue, sponsored by Integrated Movement Studies
- May 2022 “Laban/Bartenieff Movement Studies with Colleen Wahl”
The Artists Arena Podcast
- July 2022 “Embodied Teaching and Learning Models” with Sarah Donohue. Publication forthcoming
Peabody Center for Teaching, Vanderbilt University, Nashville, TN
- July 2020 “Walking with Your Body in Mind”
With Sarah Donohue
Self-published 16 episode series

PERFORMANCES (selected list)

- June 2022 *A Wind Blew Through*
Experimental VR dance for camera project in collaboration with Eric Souther
Alfred, NY (submitted to festivals)
- Dec 2018 *And You...* in collaboration with D. Chase Angier. Alfred, NY
Performed in Harder Hall Lobby.
- Oct 2016 *More Decadent*, Geneva, NY
Hobart and William Smith Colleges Alumni Weekend

- April 2016 *and yes...*, Hornell, NY
site specific performance with D. Chase Angier.
- Nov 2014 *Gemini*, Brockport, NY
Choreographer Juanita Suarez, DANSCORE—Hartwell
- Nov 2013 *Colony*, Brockport, NY
Choreographer Bill Evans, DANSCORE—Hartwell
- Nov 2012 *Wake*, Brockport, NY
Choreographer James Hansen, DANSCORE—Hartwell
- Feb 2010 *Entwined*, New York, NY
Choreographer Diane McCarthy, Dance New Amsterdam
- Feb 2008 VIA Dance Collective, New York, NY
Company member, Choreographer Dawn Poirer, Dance New Amsterdam

CHOREOGRAPHY (selected list)

- 2024 *It Rains Diamonds on Jupiter so Venus has Enough*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2023 *You Jump First*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2022 *Off Axis 360* in collaboration with Eric Souther. Alfred, NY
presented at An Evening of Dance
Off Axis Proscenium presented at An Evening of Dance, Alfred University
- 2020 *What is Bright, Shiny and In Place*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2019 *And You...* in collaboration with D. Chase Angier. Alfred, NY
Performed in Harder Hall Lobby.
- 2018 *Welcome to the Gala*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2017 *Over and Over Again*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2017 *More Decadent*, Geneva, NY
Solo Performance
- 2016 *Remember that Time We Went Camping in the 80s*
Group piece, Performed in Marlin Miller Theater
- 2015 *At the Jubilee*, Geneva, NY
Hobart and William Smith Guest Artist, Final season in Winn-Seely Theater

- 2015 *Decadent*, Brockport, NY
Solo Performance
- 2014 *Alfred Edition*, Alfred, NY
Group piece, Performed in Marlin Miller Theater
- 2014 *Robert Rauschenberg America*, Brockport, NY
Assistant Choreographer to William Evans and Director Frank Kuhn
- 2013 *Dear Hand Sanitizer*, The College at Brockport, Brockport, NY
Solo performance
- 2013 *Waiting Scales*, Rochester Dance Collective, Rochester, NY
Solo performance
- 2013 *Get Your Foot in the Door*, Rochester, NY
Fringe Festival, Bernunzio's Uptown Music
- 2011 *My(Inter)Face*, Brooklyn, NY
Premiered at WAXworks, Trisklion Theater

PRODUCED CONCERTS and EVENTS

- 2017 – present Associate Producer, Marlin Miller Dance Residency Program, Alfred, NY
Guest Artists include: Sakuumu, Mariah Maloney, Art Packer and Myrna Bridgman,
Jim Self, Eiko Otake, Marianela Boan
- 2017 – present Co-Artistic Director, Alfred University Dance Theater, Alfred, NY
Student Concert featuring choreography by students, faculty and guest artists
- 2013 – 2014 Artistic Director, Tiny Dance Concert, A Different Path Gallery, Brockport, NY
Fundraiser for NDEO
- 2013 Self-Produced, *Get a Foot In the Door*, Rochester, NY
Rochester Fringe Festival, Bernunzio's Uptown Music
- 2012 Self-Produced, *Masters in Liberal Studies Thesis Performance*, Livonia, NY
Old St Michael's Church, dance concert with dinner and discussion

INTERVIEW SERIES

- May 2022 "Laban/Bartenieff Movement Studies Historic Interviews with Colleen Wahl"
Ongoing interview series for the Integrated Movement Studies library.
Interviewees include: Peggy Hackney, Janice Meaden, Brenton Cheng

UNIVERSITY SERVICE (selected list)

- 2024 **Teaching and Learning Committee Member**
Alfred University, Alfred, NY
- 2024 Co-host **Pondering Pedagogy** through the
Teaching and Learning Center
Alfred University, Alfred, NY
- 2023 **Middle States Self-Study Review, Working Group III Chair**
Alfred University, Alfred, NY
- 2023 **Performing Arts Division, co-developing new Interdisciplinary BFA program**
Alfred University, Alfred, NY
- 2022 **Search Committee, Aesthetic Philosopher**
Alfred University, Alfred, NY
- 2022 **Search Committee, Theater Professor**
Alfred University, Alfred, NY
- 2022 **Search Committee, Technology Software Replacement**
Alfred University, Alfred, NY
- 2021-present **Faculty Council, Performing Arts Division**
Alfred University, Alfred, NY
- 2021 **Search Committee SOAD/PAD Professor of Practice: IDEA Generator**
Alfred University, Alfred, NY
- 2020 – present **Program Coordinator, Dance Program**
Alfred University, Alfred, NY
- 2019 **Co-Chair, Performing Arts Professional Development Series**
Alfred University, Alfred, NY
- 2018 – 2019 **Co-author, Dance Major Curriculum, co-developed with D. Chase Angier**
Alfred University, Alfred, NY
- 2017 – present **Curriculum Development, Dance Department**
Alfred University, Alfred, NY
 - Costume Development for Dance
 - Bodies: Trained, Perceived, Experienced
 - Laban Movement Practicum
 - Laban Movement Plenary
 - Added new classes taught by others and integrated with Africana Studies Minor: Hip Hop Dance, African Dance
- 2018 **Co-author, Dance Program Strategic Plan and Vision with D. Chase Angier**
Alfred University, Alfred, NY
- 2018 **Co-edited Dance Program Website and MarComm Materials**

Alfred University, Alfred, NY

- 2017 – present **Manager and Artistic Director, Costumes, AU Dance Theater**
Alfred University, Alfred, NY
- 2016 – present **Advisor, Dance Minors**
Alfred University, Alfred, NY
- 2018 **Co-founder, Alfred University Boxing Club**
Alfred University, Alfred, NY
- 2017 **Acting Interim Director of Department of Dance**
Alfred University, Alfred, NY
- 2017 **Advisor to Assistant Dean, Jennifer Posener, Adjunct on boarding process**
Alfred University, Alfred, NY
- 2017 **Committee Member, Graduate MFA Thesis**
The College at Brockport, Brockport, NY
- 2016 **Committee Member, Performing Arts Open House Committee**
Alfred University, Alfred, NY
- 2016 **Production Contributor, Meltdown and Water for Haiti event in collaboration with Music and School of Art and Design**
Alfred University, Alfred, NY
- 2013 – 2015 **President, National Dance Educators Organization, Student Chapter**
The College at Brockport, Brockport, NY
- 2014 **Founder and Chair, “Playing as Pedagogues” workshop series for undergraduate students**
The College at Brockport, Brockport, NY
- 2014 **Alumni Records and Outreach Coordinator**
The College at Brockport, Brockport, NY
- 2013 **Co-Chair, Dance 2050 Conference, National Dance Educators Organization**
The College at Brockport, Rochester, NY
- 2013 **Chair Selection Committee**
The College at Brockport, Brockport, NY

GUEST ARTIST – UNIVERSITY TEACHING (selected list)

- 2023 **Sejong City, South Korea**
“Design Your Life Through your Body”

3 Day Somatic Movement Intensive featuring the Body Based Creativity Model as a guide to centering movement in human becoming

Hosted by Choom Dance Therapy

- 2016 – present **Alfred University, Alfred, NY**
- Embodied Sculptural Anatomy collaboration with Meghan Smythe
 - Math with Mugs and Movement, Math Club
 - Movement for Ceramics, Junior Ceramics Class
 - Movement and Identity, IART
 - Preparing for the Stage with Your Body, Alfred Dramatists
 - Movement and Character Development, Honors Class
 - Moving the Dances of Pearl Primus, Dance History
 - Training for the Glass Blower's Body, Glass Blowing Class
 - Somatic Walking
- 2023 **Hobart and William Smith Colleges, Geneva, NY**
- Guest Lecture, Laban Movement Studies
- 2022 **SUNY Brockport, Brockport, NY**
- Guest Lecture, My Career in Dance, MFA Candidates
- 2022 **University of Utah, Salt Lake City, UT**
Summer Ballet Intensive
- Somatic practices for ballet
 - Designed and wrote new curriculum in collaboration with Melissa Mirza
 - Pre-professional ballet training program
- 2022 **University of Wyoming, Cheyenne, WY**
- Guest panelist, Careers in Somatics, BFA Candidates
- 2022 **Brigham Young University, Provo, UT**
- Advanced Pedagogy
 - Advanced Technique
 - Laban Movement Studies
- 2021 **Utah Valley University, Orem, UT**
- 1-week BFA composition workshop
 - Co-taught with Cadence Whittier, BFA Candidates
- 2021 **University of Utah, Salt Lake City, UT**
- Condensing Efforts and Body Connectivity, BFA Candidates
- 2021 **University of Wyoming, Laramie, WY**
- Space in Effort
- 2017, 2018 **Nazareth College, Pittsford, NY**
- Embodied Communication, Business Students
- 2017 **Bill Evans Dance Teacher Training, Geneva, NY**
- Bill Evans Technique Intensive Faculty
 - Courses include: Effort, Shape, Space

- 2016 **Temple University, Philadelphia, PA**
- Movement Observation in Geographical Research, hosted by Geography departments of Temple University and Hobart and William Smith Colleges
- 2015 **Hobart and William Smith Colleges, Geneva, NY**
- Commission to reset *At the Jubilee*, performed in HWS Faculty Dance Concert
- 2015 **Rochester Institute of Technology, Henrietta, NY**
- Caring for the Interpreter's Body
- 2014, 2015 **Syracuse University, Syracuse, NY**
- Somatic connections within Bartenieff Fundamentals
- 2014 **The College at Brockport, Brockport, NY**
- Modern Technique and Bartenieff Fundamentals, Levels I-IV
- 2014 **American College Dance Festival, Brockport, NY**
- Bartenieff Fundamentals
- 2014 **Nazareth College, Pittsford, NY**
- Movement and Dance Festival, Movement for Actors
- 2013 **Cornell University, Ithaca, NY**
- Varsity Football Team, The Anatomy of Communication
- 2013 **The College at Brockport, Brockport, NY**
- Bill Evans Technique Intensive, Advanced Laban Movement Analysis
- 2012 **New York University, Atlantic Theater Company, New York, NY**
- Movement for Actors
- 2012 **Cornell University, Ithaca, NY**
- Faculty Movement Training Programs
 - Embodied Communication, Faculty Development and Diversity Training, Johnson Graduate School of Management
 - Embodied Presenting, Women's Leadership Institute (Faculty)
- 2011 – 2014 **Nazareth College, Pittsford, NY**
- Science Exploration Days, Experience Your Anatomy
- 2009 – 2012 **Cornell University, Ithaca, NY**
- Advanced Modern Dance
- 2008 **Ithaca College, Ithaca, NY**
- Movement Choir at Bioneers Conference for Sustainability
- 2007 **William Smith College, Geneva, NY**
- William Smith Bicentennial, Anatomy for Dancers
- 2005 **Hobart and William Smith Colleges, Geneva, NY**

- Cultivating Creative Bodies, 15-week extra-curricular course

OTHER TEACHING (selected list)

- 2024 **Central Rock Climbing Gym**
- Somatic practices for rock climbers workshop
- 2020 – 2023 **White Dance Center, Choom, South Korea**
- Academic director and lead faculty of certification curriculum
 - Two-year certification curriculum in Laban/Bartenieff Movement Analysis
 - Ongoing online mentoring
 - Special workshop series on creating expressive and functional movement practices
- 2018 – present **Move into Greatness, Rochester, NY**
- Private movement education client session
- 2016 – 2020 **InnerDance, Honeoye Falls, NY**
- LifeMoves, Dance Therapy workshop series
- 2012 – 2015 **Finger Lakes Independence Center, Ithaca, NY**
- Somatic experiencing for adults with developmental disabilities
- 2014 **Center for Teaching and Learning, Brockport, NY**
- Kinesiology for Dance, Graduate Tutor
- 2012 – 2013 **Bally's Total Fitness, Rochester, NY**
- Group Fitness Instructor, Movement and Core
- 2010 – 2012 **The Moderns Marketing Firm, New York, NY**
- Movement-based Corporate Culture Building
- 2009 – 2012 **Move into Greatness, New York, NY**
- Laban/Bartenieff Movement training for Hockey Players
- 2009 – 2012 **The Children's Aid Society, New York, NY**
- Dance, Choreography for Musicals, ages 3-12
- 2009 – 2010 **Move into Greatness, New York, NY**
- Bartenieff Fundamentals for Crew/Sculling
- 2010 **Children's Aid Society, Rhineland Center, New York, NY**
- Movement in Early Childhood Education
- 2010 **James Fowler Physical Therapy, New York, NY**
- L/BMA in Physical Therapy
- 2007 – 2008 **Attune Holistic Fitness, New York, NY**
- Anatomy and Kinesiology

- 2005 **Clifton Springs Hospital, Clifton Springs, NY**
 ○ World Chi Gong Day, From Metaphor to Movement

COMMUNITY DANCE

- 2010 – 2014 *Global Water Dances* Hemlock Lake, NY
A global dance project organized by Marylee Hardenberg featuring the value of water within community and for larger world, using motif, video, and movement choir
- 2013 *My(Inter)Face II*, Webster Hall, New York, NY
The original work adapted to include the parents of performers
- 2012 *The Training of Work*, Rochester, NY
Large community dance project including video and live performance, excerpted as *Get Your Foot in the Door* for Rochester Fringe Festival
- 2009 – 2011 *NYS Dancing Green Project*, New York City and Ithaca, NY
Collaboration with Jim Self and Norm Johnson Jr., Supported by grants from NYS Dance Force, Cornell Arts Grants, and Tompkins County Artists Foundation
- 2010 *FIGMENT Dances for the Earth*, Governor’s Island, NY
A Dancing Green Project to support New York City Greenspace, funded by a grant from the NYS Dance Force
- 2010 *Look into the Sun*, Union Square, NY
Flash Mob featuring original song, live musical performance, and 65+ performers of all abilities
- 2006 *Your Princess is in Another Castle/Game Over*, Geneva, NY
Based on ‘what is salient to our generation?’ and featured movers of diverse background and skill, Hobart and William Smith Colleges

DANCE FOR CAMERA

- 2020 *Mercy Now*, Rochester, NY
Video project
- 2013 *We’re All in This Together*, Rochester, NY
Collaboration with singer/song writer Maria Gillard
- 2012 *Foot In*, Rochester, NY
Community Dance project on metaphors of labor, filmed in various locations
- 2012 *Working Man Blues*, Rochester, NY
Community dance project featuring ‘posture games’
- 2010 *The Center of it All*, New York, NY
Movement choir in Union Square

DANCE SCIENCE CLINICAL EXPERIENCE

- 2009 – 2011 **James Fowler Physical Therapy, New York, NY**
- Physical Therapy Assistant
 - Specialist in rehabilitation for athletes
 - Co-developed “The James Fowler Approach”
- 2007 – 2009 **Attune Holistic Fitness, New York, NY**
- Movement Educator and Therapist
 - Taught anatomy and kinesiology, muscle testing, and program design to fitness professionals
- 2006 – 2007 **Equinox Fitness, New York, NY**
- Fitness Trainer
- 2004 – 2005 **The Springs at Clifton, Clifton Springs Hospital, Clifton Springs, NY**
- Movement Educator and Therapist
 - Specialized in Amyotrophic lateral sclerosis, Multiple Sclerosis, Frozen Shoulder

ADMINISTRATIVE EXPERIENCE

- 2018 – present **Director, Integrated Movement Studies, Alfred, NY and Salt Lake City, UT**
- Laban/Bartenieff Movement Analysis Graduate Certificate Program
 - Certification Programs include University of Utah, UT; Choom, South Korea
 - Ongoing programming includes advanced study courses and immersion courses
 - Develop certification and immersion curriculums
 - Maintain student handbook
 - Co-author faculty handbook
 - Staffing and new faculty training and mentoring
 - Budgeting and bookkeeping
- 2017 – present **Marlin Miller Dance Residency Program, Associate Producer**
Alfred, NY
- 2007 – present **Move into Greatness, New York, NY**
- Owner and Founder
 - 4-5 years as a studio owner and operator
 - Responsibilities: evidence and somatic based programming, business plan development, investor relations, marketing, scheduling, client relations, bookkeeping, accounting, staffing, enrollment
- 2018 – 2020 **Mentor Director and Curriculum Director, Integrated Movement Studies**
Kyiv (cancelled due to Covid-19)
- 2012 – 2013 **Concert Coordinator and Curator, Tiny Dance, Brockport, NY**

- 2012 **Stage Manager, SANFOKA Ensemble, Brockport, NY**
- 2010 **Center for Kinesthetic Education, New York, NY**
- Conference Organizer, Fitness Forward Day: New Trends in Body/Mind Fitness
 - Featured speakers Tom Myers and Martha Eddy

CONTINUING EDUCATION

- 2023 Z-Health: Applied Neuro-fundamentals Essentials with Dr. Eric Cobb
- 2021 BrainNanny: Neonate Neurodevelopment with Bette LaMonte
- 2020 PNF stretching for the Pelvis with Irene Dowd
- 2020 Jumpsuit: How to Make a Personal Uniform for the End of Capitalism
Workcoat: How to Stay Warm in Ashes of Empire
Both through the Artist Research Collective
- 2020 Anti-Racist Book Club: How to Be an Anti-Racist, Group Liaison
Alfred University, Alfred, NY
- 2020 Basics of Premier Pro lessons from Ariel Fitzsimmons
- 2018 Mixed Martial Arts Certification, National Academy of Sports Medicine
- 2016 National Academy of Sports Medicine, Personal Trainer Certification
- 2014 Bill Evans Teaching Intensive, Edinburgh, Scotland
Assisted with Laban/Bartenieff Movement Analysis
- 2014 Continuum in the tradition of Emily Conrad, Rochester, NY
Taught by Priscilla Aucincloss
- 2013 – 2014 Liz Koch, Core Awareness and Psoas Workshops, multiple locations
Recognized Core Awareness Educator
- 2013 The Laban Centre—Dynamic Body Intensive, London, England
Studied Effort and Laban History with Allison Curtis Jones, Valerie Preston Dunlop
and Olga Masleinnikova
- 2011 Maggie Flannigan Summer Intensive, New York, NY
Meisner Actor Training
- 2011 Kate Weare and Monica Bill Barnes Intensive, New York, NY

GRANTS, AWARDS, AND HONORS

- 2021, 2024 Performing Arts Division Research Award, Alfred University

2020	Outstanding Dance Researcher 2020, New York State Dance Educators Association (NYSDEA)
2017– 2018	Faculty Development Grant, Alfred University, College of Liberal Arts and Sciences
2015	Outstanding Graduate Student, The College at Brockport, School of Arts and Humanities
2014	Bill Evans Award for Embodied Scholarship
2014	Student Travel Grant to attend Bill Evans Teacher Intensive in Scotland
2013	Nat Goodhartz Award for Dance Science
2013	New York State Dance Force Grant
2013	Student Travel Grant to attend Conferences in Washington D.C. and Los Angeles, CA
2012	Friends of Brockport Dance Scholarship
2010	New York State Dance Force, Tompkins County Arts Fund, Cornell Community Arts
2009	New York State Dance Force Grant

PROFESSIONAL MEMBERSHIPS

2013 – present	Core Awareness, Recognized Practitioner
2012 – present	New York State Dance Educators Association, Professional Member
2007 – present	International Somatic Movement Educator and Therapist Association, Registered Somatic Movement Educator
2005 – present	National Dance Educators Organization, Professional Member