

Alfred University

Student Affairs Division

HEALTH & WELLNESS EDUCATION GRADUATE ASSISTANT

7.5 hours/week

Reports to the Director of the Wellness Center

Mission: Promote and maintain the well-being and personal growth of students through counseling services, consultation, outreach, training, and education for the campus community.

GA will work closely with the Health and Wellness Educator and the CWC Team to support the delivery of the Health & Wellness program at AU. Specific tasks include:

- Create and maintain publicity for a wide variety of HWE/CWC projects
- Assist in coordination of peer educator programs and presentations
- Assist in presentations to campus groups
- Research health education topics and programs
- Update the "Health and Wellness Education" webpage
- Seek grant funding as appropriate to sustain and grow the program

This GA position requires a person with strong written and verbal communication skills, computer and media design skills, interpersonal skills, and ability to self-manage their workload.

Benefits

The Wellness Center will support attendance at one professional conference per year, accompanying the Health & Wellness Educator (conference to be determined). The GA will be offered participation in Motivational Interviewing and other training related to health topics and alcohol and other drug education. The GA has an opportunity to gain experience in developing and coordinating peer education groups and techniques.

For more information, please contact:

Cathie L. Chester, PsyD., LMHC

Director, AU Wellness Center

Alfred University

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All Student Affairs graduate assistants are expected to coordinate expectations and schedules with academic faculty and employers (if applicable).